

make every moment matter

A Strategic Plan for Huron Hospice

2019 - 2023



### **Mission**

To provide quality, Hospice Palliative Care in our Rural communities

**Vision** Huron Hospice will be a rural centre of excellence in Hospice Palliative Care

### **Values**

Respect, Quality, Person Centred Care, Collaboration, Compassion, Accountability, Excellence, Dedication



### It's all about the care

Huron Hospice Volunteer Service was established in 1993, through a collaborative effort between existing programs in Seaforth, Clinton, and Goderich and adding Wingham in 2005. The purpose of this collaborative effort was to:

- recruit, educate, co-ordinate and support volunteers in the provision of services to people who are facing a life threatening illness, their family members as well as those who are bereaved
- provide bereavement support through individualized counseling
- increase the volunteer base so the volunteer pool will be more accessible to the residents residing in the three involved catchment areas
- collaborate with VON Palliative Care Program and the Wingham and Area Palliative Care Service to provide educational opportunities on an ongoing basis to train volunteers and to share Palliative Care resources in the County of Huron



With continued consultation and discussions with many partners, community leaders & service providers the following programs and services were offered:

- educational opportunities for volunteers, community and institutional health care providers and interested residents in the County of Huron
- bereavement support
- Certified Grief Recovery Specialists through Grief Recovery Outreach Programs
- Cancer Support Groups for residents in Huron County
- the delivery of professional services through adherence to Provincial Standards as developed by Hospice Association of Ontario
- local political lobbying for palliative care services under the guidance of Hospice Association of Ontario
- public education as to the need for continued financial support
- Rainbows, a bereavement program for children who are grieving a loss through death, separation, divorce and or family transitions

### **Our history**

### Our Story So Far



1995-1996 Incorporated under the name Huron Hospice Volunteer Service and a formal Board of Directors were elected. In partnership with the Canadian Cancer Society monthly cancer support groups were provided for residents of Huron County.

**1996-1997** With the support of one of our volunteers, Joan Stewart, bereavement support groups were introduced for the area.

**1997-1998** Huron Hospice was invited to represent rural Ontario hospices in the development of client care standards for Hospices in Ontario. Executive Director Shirley Dinsmore and Board Chair Yvonne Kitchen participated in the development of the first standards.

**2000-2001** Huron Hospice became a member agency of the Huron United Way.

**2001-2002** Marian Hindmarsh, one of our Goderich volunteers, was our first recipient

of the prestigious June Callwood award "Circle of Outstanding Volunteers". The client care standards were completed and provided to each hospice for the continued development of infrastructure.

2002-2003 The first Rainbows program (for grieving children) was piloted in Goderich at Knox Presbyterian Church. Hike for Hospice, the brain child of one of our Board Members was a new fundraising venture, realizing \$1500.00 for the first year. The following year was initiated as a major fundraiser by the Canadian Hospice Palliative Care Assoc. and is celebrated all across Canada.

**2003-2004** The first Hot Dog sales took place at Zehrs in Goderich

**2005-2006** Welcomed the Wingham and Area Palliative Care Program into the fold. Level I accreditation was achieved and the certificate was presented to us at the Fall Hospice Association Conference.

**2008-2009** Acquired Level 1 and Level 2 Accreditation presented to HHVS at the Hospice Association Conference. Approval of our Multi-Sector Service Accountability Agreement by the South West LHIN. Strategic Plan includes development of a residential hospice

2011-2012 We included a new service to our list of programs – SOS, Survivors of Suicide, specific to assisting those who have been impacted by suicide. With the Perth Huron United Way, we develop our new bereavement program "The Path" for people who are developmentally challenged. Piloting the program began in partnership with Community Living South Huron

**2013-2014** Huron Hospice has now integrated Chronic Life Limiting Disease into its model of service delivery.

**2014-2015** We were very grateful to the late Kathleen Whitmore for a very generous bequeath to Huron Hospice

**2016-2017** A consulting firm Lough Barnes Group Inc. was secured to assist in the development of a Unified Solution for Huron Perth for Residential Hospice.

**2017-2018** The South West LHIN approves establishing a two-site residential hospice in Huron-Perth with 6 beds in Stratford and 4 beds centrally located in Huron County



### **Building our residential hospice**

### Historical Overview

Building a residential hospice has been a strategic priority for Huron Hospice since 2009 motivated by the growth of the hospice movement across Canada. In Huron-Perth, establishing residential hospice services was a collaborative effort between many partners, community leaders, service providers, South West LHIN and Ministry of Health and Long Term Care. In February 2017, operational funds were approved for a 4-bed residential hospice in Central Huron, conditional on opening our doors by May 2018. A site was selected in Central Huron, and a renovation plan was created that would transform the existing home into a hospice. The tranquil rural estate was purchased by Huron Hospice in August 2017, and renovations began immediately to add fire, safety and accessibility features. The initial purchase (and mortgage), renovations, and start-up costs were completed in May

2018 for a total cost of \$1 million. There was some help from a MOHLTC capital grant program, which provided \$120,000 towards the project, and Huron Hospice could access an additional \$680,000 if we find the matching funds. These grant funds will be used to help construct an addition to the residence, and expand our scope of services and provide better support for the extended family as they say goodbye to their loved ones.

We have 70 volunteers and 32 non clinical volunteers providing a total of 9591 hours In 2018-2019 we provided care for 235 individuals and their families.



### **Background Statement**

June 1, 2018, Huron Hospice entered into an accountability agreement with the South West LHIN and Hospice Care Avon Maitland for the provision of 6 beds in Stratford, and 4 beds in Central Huron. The accountability agreement was resigned April 2019, for operational funds for 4 beds directly with the LHIN. The amount of \$105,000 per bed (420,000 annually) is received to support 24/7 nursing services. This amount is approximately half of what is required to operate the facility.

Today, Huron Hospice is governed by a volunteer Board of Directors, throughout Huron County, and employs 10 full time staff, and 18 part time providing clinical, clerical, and program support.

Huron Hospice has strategically aligned itself with provincial direction regarding Palliative Care, as a member of HPCO (Hospice Palliative Care Ontario) the CHPCA (Canadian Hospice Palliative Care Association), and most recently the Board participated and endorsed the Huron Perth submission for an Ontario Health Team.

### **Service Information**

### Who do we serve?

The service recipients of Huron Hospice include: individuals diagnosed with a life threatening terminal illness, their families, and the bereaved.

Huron Hospice sponsors a diverse range of programs and activities for these individuals including, but not limited to the following:

- Educate, support and coordinate volunteers who provide a direct service to individuals in the community, Hospitals, LTC facilities, Retirement Homes and Group Homes and our hospice residence
- one-on-one bereavement support with specially trained volunteers
- Grief Recovery Outreach Program by Certified Grief Recovery Specialists for groups and one-on-one
- Suicide Support Groups for individuals impacted by the suicide of a loved one
- organization, facilitation and evaluation of various support groups, including several for Share the Care
- Hospice Palliative Care Ontario (HPCO) volunteer education and training
- special educational events such as skill workshops, and guest lectures presentations to public, awareness through media campaigns, fund raising events, newspaper articles, service clubs and church groups, etc.



### **Ontario Health Teams**

### Working Together Because We Care

On May 15, 2019, the Huron Hospice Board endorsed the Huron Perth self assessment in anticipation of being asked to establish a team within Huron Perth.

During the assessment process, of which Huron Hospice was actively involved, the team of over 50 Huron Perth health care providers committed to identifying key areas where roles intersect, and developing a model of care that supports a broader health care strategy, putting the patient first while standardizing accountability.

The initial focus of the team will be on the individuals who have chronic conditions, those accessing Palliative supports, and individuals of all ages in need of mental health and addiction services.

Efforts will also focus on defining shared governance accountabilities between partners.

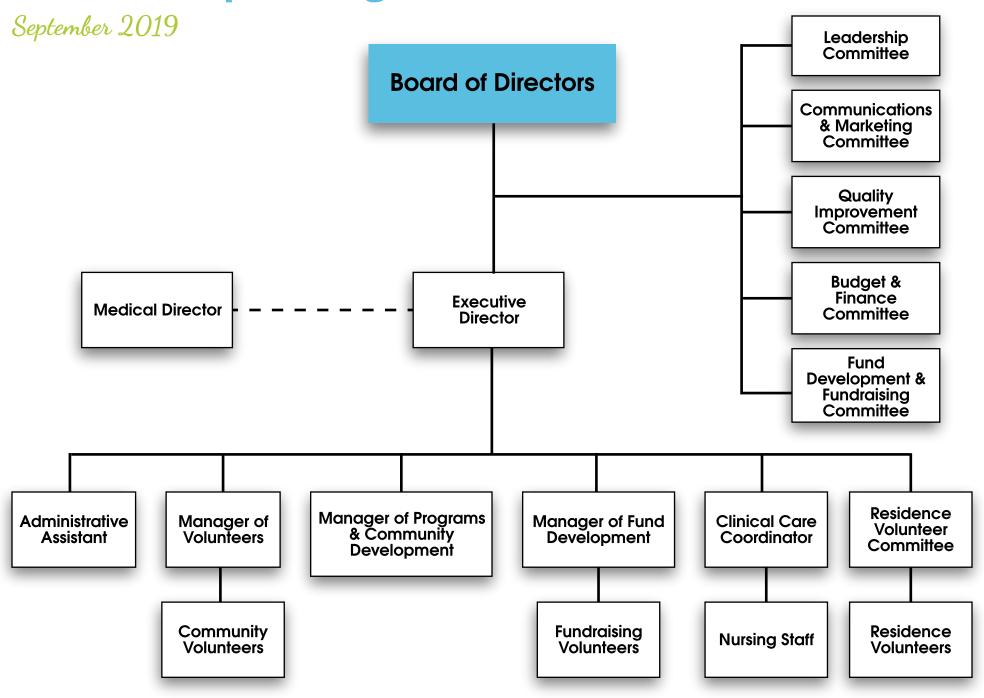
The provincial government is expected to announce the first Ontario Health Teams in the fall of 2019, and continue, until all provincially funded service providers are part of an Ontario Health Team.



### **BOALS FUNDING COLLABORATION AND DEVELOP CENTRE OF EXCELLENCE HUMAN RESOURCES** Develop sustainable business plan **COMMUNICATION** Build on expertise of members, and Maximize skills and talents of staff, that align with fundraising capabilities Seek opportunities for partnerships partners in developing policies and physicians, board, and volunteers. and integration programs Diversify funding from government •Enhancement of programs without •Deliver and partner in the delivery of •Secure and support a skilled and and private sources duplication of services that further compassionate care in the engaged clinical, volunteer and •Secure facilities that provide an support the shift to Hospice or community, private homes, assisted administrative workforce optimal care and work environment in-home care throughout Huron-Perth living, long-term care, in-patient units, Achieve excellence in governance and **OBJECTIVES** Develop opportunities to successfully •Be a recognized expert and leader in and where vulnerable populations are operations undertake the major fundraising developing collaborative and located •Increase education and training for initiates required for capital and coordinated initiatives and programs Collaborate with educational health professionals to advance an operations relate to hospice and VHS for the integration of hospice palliative institutions, other hospice interdisciplinary team approach •To enhance the role of volunteers in •Ensure stable funding for the care programs and services organizations and community continuing evolution and Provide patients and families with partners to pursue research and lead hospice and outreach development of palliative and skilled resources when they need quality improvement initiatives •A continued supply of highly end-of-life-care them and their chosen location Develop and share best practices qualified, compassionate, and Optimize partnerships with motivated staff, physicians, board stakeholders to strengthen hospice members and volunteers palliative care in the community •To build community awareness of Seek out research and educational Develop new educational programs •Develop a comprehensive navigation our role in palliative care through initiatives that benefit current and for patients, caregivers, health program to support patients and their participation in community activities future generations of the public care professionals and the public to loved ones, from diagnosis to the end and relationships with donors, givers, physician and palliative care facilitate better outcomes for patients of life **PRIORITIES** community leaders, business and and families, improve the quality of nurses Augment existing community services elected representatives at local, ·Leverage through partnerships and care and broaden awareness and and develop new community provincial, and federal level collaboration with others (such as understanding of end-of-life and programs to provide more •Hire professional fundraiser with service providers, educational hospice care comprehensive care to patients and •Be a centre of excellence for the marketing strategy that defines capital institutions, Gateway, PCOT, and their support networks at home fundraising goals and operational anticipated Huron-Perth Health Team) delivery of exceptional hospice •Develop outcome measure for fundraising needs palliative care and bereavement evaluating and reporting our STRATEGIC Advocate for and promote increased services performance to our stakeholders recognition and funding hospice •Advance hospice palliative care Develop grief counselling and palliative care within the health care through research, collaboration, and debriefing for staff and volunteers system with Ontario Health Team, support of competency standards and Review board and committee MOHLTC, MP's, HPCO and CHPCA the delivery of professional training structure skills, policies and procedures and define board opportunities committees Develop volunteer needs and skill

sets

### **Huron Hospice Organizational Chart**



### Membership

Huron Hospice is an active member of:

Hospice Palliative Care Ontario, Canadian Hospice Palliative Care Association, Huron Perth Outreach Team, Huron Perth Ontario Health Team

Huron Hospice is an active member of Huron County Palliative Care Committee, Huron Perth Health Care Team, South West Regional Palliative Care Committee, Hospice Palliative Care Ontario, and the Canadian Palliative Care Association.



# Hospice is not just a place

It is a service that comes to the patient and caregiver

## Community Based Hospice Palliative Care Services



Hospice programs and services vary based on the local community's needs

community based palliative care spectrum of services. They may act as regional hubs, with the Larger hospices with in-patient beds typically offer the full highest concentration of

Hospice at Home, brings services to the patient's home through volumeers and shared care Hospices provide a wide range of supports for caregivers, Including respite, grief and bereavement care, practical assistance, spiritual care, and children's programs

its with social programs Hospicas build compassionate available to people who need some extra help and social communities that enable neighbours to support interaction at home

16,000 active volunteers caring for over 20,000 people annually Ontario's Hospices have over



### Typical Hospice Services

## Coordination & Navigation of Care



















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Cinonic Blocker

Wellness Programs

Hequite 6, symptom Management

Pain Clinics

Манадатат







Complementary Therapies

Interdisciplinary Teams

Rin & Synttom Management Consultation





Hospice is not just a place; it is a service that comes to the patient and caregiver 76% of hospice patients receive services in their own home.









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www.huronhospice.ca