



THE GRIEF RECOVERY OUTREACH PROGRAM®

10 WEEKS THAT WILL CHANGE YOUR LIFE!

GRIEF.....is surrounded by so many myths, like—

- Time heals all wounds
- Replace the loss
- Grieve alone
- Be strong for others
- Hide your feelings

“.... Sound familiar???....”

Whether your loss results from death, divorce, loss of job or childhood issues, recent or sometime in the past, recovery IS possible.

DATE: Thursdays, September 22 – November 24, 2011

TIME: 1:00 – 3:00 P.M.

LOCATION: Knox Presbyterian Church
9 Victoria Street N., Goderich

DATE: Monday, September 19 – November 28, 2011

TIME: 7:00 – 9:00 P.M.

LOCATION: Blyth Community Church of God
308 Blyth Road, Blyth

COST: \$35.00 For Resource Material

Take this first step in your recovery. Call today!

MUST PRE-REGISTER

SEAFORTH - 519-527-0655

WINGHAM – 519-357-2720

Member of

United Way  of Perth - Huron